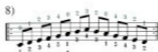


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PASSAGE DU POUCE (pour les gammes)

GAMME SIMPLE



Le pouce s'approche progressivement du LA, pendant que l'on joue le FA et le SOL. Ainsi il est prêt à appuyer au moment opportun.

GAMME REDOUBLÉE



LES INTERVALLES PAR DEGRÉ

LA TIERCE



Reprenez l'exercice avec les doigts suivants :

1) a) 1 2 3 4 5 6 7 8 9 10 11 12 b) 4 5 6 7 8 9 10 11 12 c) 1 2 3 4 5 6 7 8 9 10 11 12
d) 1 2 3 4 5 6 7 8 9 10 11 12 e) 4 5 6 7 8 9 10 11 12 f) 1 2 3 4 5 6 7 8 9 10 11 12

2) a) 1 2 3 4 5 6 7 8 9 10 11 12 b) 4 5 6 7 8 9 10 11 12 c) 1 2 3 4 5 6 7 8 9 10 11 12
d) 1 2 3 4 5 6 7 8 9 10 11 12 e) 4 5 6 7 8 9 10 11 12 f) 1 2 3 4 5 6 7 8 9 10 11 12

3) a) 1 2 3 4 5 6 7 8 9 10 11 12 b) 4 5 6 7 8 9 10 11 12 c) 1 2 3 4 5 6 7 8 9 10 11 12
d) 1 2 3 4 5 6 7 8 9 10 11 12 e) 4 5 6 7 8 9 10 11 12 f) 1 2 3 4 5 6 7 8 9 10 11 12

4) a) 1 2 3 4 5 6 7 8 9 10 11 12 b) 4 5 6 7 8 9 10 11 12 c) 1 2 3 4 5 6 7 8 9 10 11 12
d) 1 2 3 4 5 6 7 8 9 10 11 12 e) 4 5 6 7 8 9 10 11 12 f) 1 2 3 4 5 6 7 8 9 10 11 12

5) a) 1 2 3 4 5 6 7 8 9 10 11 12 b) 4 5 6 7 8 9 10 11 12 c) 1 2 3 4 5 6 7 8 9 10 11 12
d) 1 2 3 4 5 6 7 8 9 10 11 12 e) 4 5 6 7 8 9 10 11 12 f) 1 2 3 4 5 6 7 8 9 10 11 12

6) a) 1 2 3 4 5 6 7 8 9 10 11 12 b) 4 5 6 7 8 9 10 11 12 c) 1 2 3 4 5 6 7 8 9 10 11 12
d) 1 2 3 4 5 6 7 8 9 10 11 12 e) 4 5 6 7 8 9 10 11 12 f) 1 2 3 4 5 6 7 8 9 10 11 12

QUATRE PAR QUATRE

LA CROCHE

Nota : ce genre d'exercice peut être

travaillé avec différentes articulations :



1) Do



2) Sol



3) Fa



4) Do



5) Sol



6) Fa



7) Do



8) Sol



9) Fa



10) Do



11) Sol



12) Fa



INDÉPENDANCE DES DOIGTS

Chaque exercice est composé de sept fragments indissociables. Enchaînez tous les fragments en les répétant chacun en boucle, d'abord quatre fois, puis trois, puis deux pour terminer en déroulant tout l'exercice sans répétition.

1)

The first exercise consists of two staves of music. The top staff has a treble clef and the bottom staff has a bass clef. The music is written in a 2/4 time signature. It consists of seven measures, each containing a pair of chords. Fingerings are indicated by numbers 1, 2, 3, and 4 above or below the notes. The first measure has fingerings 1, 2, 3, 4 on the top staff and 2, 3, 4, 1 on the bottom staff. The second measure has 1, 2, 3, 4 on the top staff and 2, 3, 4, 1 on the bottom staff. The third measure has 1, 2, 3, 4 on the top staff and 2, 3, 4, 1 on the bottom staff. The fourth measure has 1, 2, 3, 4 on the top staff and 2, 3, 4, 1 on the bottom staff. The fifth measure has 1, 2, 3, 4 on the top staff and 2, 3, 4, 1 on the bottom staff. The sixth measure has 1, 2, 3, 4 on the top staff and 2, 3, 4, 1 on the bottom staff. The seventh measure has 1, 2, 3, 4 on the top staff and 2, 3, 4, 1 on the bottom staff.

Nota : la main droite doit rester, le plus possible, dans l'alignement de l'avant-bras.

2)

The second exercise consists of two staves of music. The top staff has a treble clef and the bottom staff has a bass clef. The music is written in a 2/4 time signature. It consists of seven measures, each containing a pair of chords. Fingerings are indicated by numbers 1, 2, 3, and 4 above or below the notes. The first measure has fingerings 2, 1, 4, 3 on the top staff and 2, 3, 4, 1 on the bottom staff. The second measure has 2, 1, 4, 3 on the top staff and 2, 3, 4, 1 on the bottom staff. The third measure has 2, 1, 4, 3 on the top staff and 2, 3, 4, 1 on the bottom staff. The fourth measure has 2, 1, 4, 3 on the top staff and 2, 3, 4, 1 on the bottom staff. The fifth measure has 2, 1, 4, 3 on the top staff and 2, 3, 4, 1 on the bottom staff. The sixth measure has 2, 1, 4, 3 on the top staff and 2, 3, 4, 1 on the bottom staff. The seventh measure has 2, 1, 4, 3 on the top staff and 2, 3, 4, 1 on the bottom staff.

Appuyez avec plus de force les doigts les plus faibles, mais en gardant la main bien décontractée, façon "main de fer dans un gant de velours".

3)

The third exercise consists of two staves of music. The top staff has a treble clef and the bottom staff has a bass clef. The music is written in a 2/4 time signature. It consists of seven measures, each containing a pair of chords. Fingerings are indicated by numbers 1, 2, 3, and 4 above or below the notes. The first measure has fingerings 2, 3, 4, 1 on the top staff and 2, 3, 4, 1 on the bottom staff. The second measure has 2, 3, 4, 1 on the top staff and 2, 3, 4, 1 on the bottom staff. The third measure has 2, 3, 4, 1 on the top staff and 2, 3, 4, 1 on the bottom staff. The fourth measure has 2, 3, 4, 1 on the top staff and 2, 3, 4, 1 on the bottom staff. The fifth measure has 2, 3, 4, 1 on the top staff and 2, 3, 4, 1 on the bottom staff. The sixth measure has 2, 3, 4, 1 on the top staff and 2, 3, 4, 1 on the bottom staff. The seventh measure has 2, 3, 4, 1 on the top staff and 2, 3, 4, 1 on the bottom staff.

4) 5) 6)

The fourth, fifth, and sixth exercises are shown on a single set of two staves. The top staff has a treble clef and the bottom staff has a bass clef. The music is written in a 2/4 time signature. Exercise 4 consists of two measures with fingerings 1, 2, 3, 4 on the top staff and 1, 2, 3, 4 on the bottom staff. Exercise 5 consists of two measures with fingerings 1, 2, 3, 4 on the top staff and 1, 2, 3, 4 on the bottom staff. Exercise 6 consists of two measures with fingerings 1, 2, 3, 4 on the top staff and 1, 2, 3, 4 on the bottom staff.