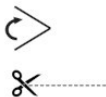
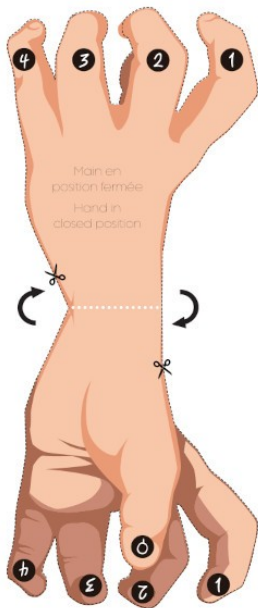


*Main gauche/ Left hand*  
position fermée/ closed position



# Main gauche/ Left hand

Position 4 - Extension arrière/ Back extension

